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The Sweet Life: The Long-Term Effects of a Sugar-Rich Diet Early

Webinar

25 march 2021 16:00-17:30

Tadeja Gracner

Dr. Gracner will present her ongoing work studying how exposure to excessive sugar consumption in-utero and early childhood may influence diet and health in later adulthood. To identify the effects, she exploits the end of sugar and sweets rationing in the UK and compares adult diet and health outcomes for cohorts born before and after the rationing ended. Because ration limits were comparable to current recommended dietary guidelines, these findings can serve as a reference to the long-term effects of a healthy diet.

